

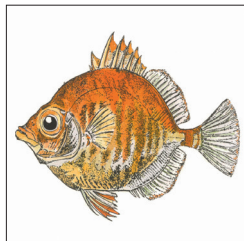
## CATCH of the DAY...

*What's floating our boat this month*



### 1 THESE RNLI PRODUCTS

This new range, 235 Made For Life, includes a wash bag, messenger bag and tablet cover. Created using decommissioned life jackets, each item has an authentic charm. All profits go to saving lives at sea (from £35, [rnliishop.org](http://rnliishop.org)).



### 2 THESE CARDS

Send these unique British Marine Life greetings cards for any occasion. They're created by Debby Mason, a Devon-based artist, qualified diver, and marine conservation supporter (£23 for set of 10, [45southside.co.uk](http://45southside.co.uk)).



### 3 THIS BODY CARE RANGE

Give your skin a boost with Weleda's biodynamic Sea Buckthorn collection. Rich in essential fatty acids, provitamin A and vitamin E, it nourishes and protects the skin (Body Care Starter Kit, £6.95, [weleda.co.uk](http://weleda.co.uk)).



### 4 THIS CHOCOLATE

Satisfy your sweet tooth with this new Amelia Rope Chocolate. Made with sustainably sourced and fairly traded ingredients, the Dark Hazelnut and Sea Salt edition is all about indulgence (£5.60, [ameliarope.com](http://ameliarope.com)).

**WHAT'S FLOATING YOUR BOAT?** Let us know on our facebook page, [facebook.com/coastmagazine](https://www.facebook.com/coastmagazine), or email us at [coast.enquiries@kelsey.co.uk](mailto:coast.enquiries@kelsey.co.uk)

PHOTOGRAPH MARTIN BATES/VISIT NORTH NORFOLK

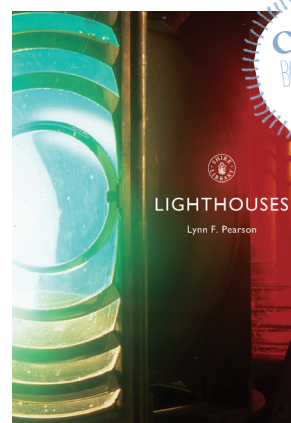


## SANDS of TIME

Human footprints dating back more than 850,000 years, discovered on Happisburgh Beach in Norfolk, are thought to be the oldest found outside of Africa. After a decade of combing the eroding stretch of coast for signs of early life, scientists and archaeologists have suggested the footprints belonged to a small group of adults and children wandering what would then have been an estuary rich in saltmarsh, shellfish and grazing bison ([happisburgh.org](http://happisburgh.org)).

## SPOT, PLOT, REPORT

The newly launched SeaVue Watchkeepers Afloat Scheme is made up of dedicated Merchant Navy Association Boat Club members who scour the UK coastline in search of potential incidents and casualty situations, to report to the HM Coastguard. By spotting, plotting and reporting, the SeaVue Watchkeepers are making our oceans a safer place to be ([seafarersafloat.com](http://seafarersafloat.com)).



## SEA BEACON

In her latest book, *Lighthouses*, architectural historian and photographer Lynn F. Pearson explores the heritage, construction and purpose of the iconic tapered building from the ground up. Chapters are packed with maritime nuggets; from the first rock lighthouses to the lives of storm-weathering keepers. Swot up on your favourite seaside structure in the selective gazetteer section that profiles 160 lighthouses across Britain and Ireland (*Lighthouses*, £6.99, [shirebooks.co.uk](http://shirebooks.co.uk)).