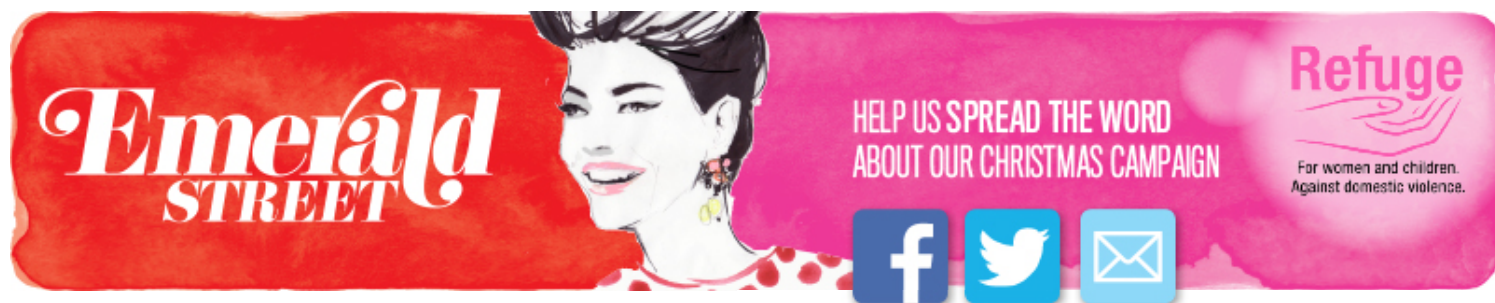


Wednesday 4 December 2013

[Having trouble reading this email? Please click here to see an online version](#)*"Dear Father Christmas, these please!" @Cabs_Broadribb*

CHRISTMAS PRESENTS FOR MUMS

In the third of our Christmas gift guides, our sub-editor, Siobhan, picks presents for her mum (while hoping she's not reading *Emerald Street* today).



FESTIVE BREAKFAST

"This will be a treat on Christmas morning. Since my mum doesn't drink alcohol, I've chosen the hamper with Devon apple juice, tea and scones. The **driver's box** would also be good as it gives teetotalers something fancy to drink with dinner instead of wine." *Christmas morning wicker hamper, £26, Devon Hampers*



WINTER BLOOMS

"Whenever anyone gives my mum flowers, there never seems to be a suitable container, let alone vase, to hand. This jug is 21.5cm tall and the base has plenty of room for splaying out stems. Even better, it'll act as a double present when I fill it with a bouquet." *Ceramic vase, £16.95, Rigby and Mac*



ALWAYS A WINNER

"Chocolate inevitably goes down well as a present – tasty and doesn't require any shelf, table or drawer space. This Amelia Rope box is beautifully presented and has six different flavours of 39% cocoa

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chocolate. Pale mandarin is sure to go down well in my house.” *Pale cube collection, £29, Amelia Rope*



AND... RELAX

“Every time I call my mum she’s busy – when she’s not at work she’ll be out – so I hope this makes her stop and relax. The bath oil helps with restful sleep, the candle has a soothing scent of bay and myrrh and the balm enhances the effects.” *Deep Relax Night Time Ritual, £65, Aromatherapy Associates*



SLEEP ON SILK

“Giving bedding for Christmas might seem dull, but these silk pillowcases are special. Silk helps hair stay smooth overnight, so it should help my mum reduce styling time in the morning. What could be a better gift than a few more minutes’ sleep?” *Holistic Silk pillowcases, £45, Cult Beauty*



SOMETHING NEW. RIGHT NOW



From pop-up galleries to supper clubs, we’ve teamed up with Courvoisier to bring you the best of right now in their handy new app.

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HERE'S TO NOW

Cocktails & Cappuccinos *The best places to eat and drink*



THE BEAUFORT BAR

The Savoy, Strand, WC2R 0EU



When our cocktails taste of perfume, it’s usually because someone’s over spritzed. Happily, the Coco cocktail at the Beaufort Bar is meant to: it comes with an atomiser of jasmine and rose, the main ingredients of Chanel’s iconic No.5 perfume. The character collection also includes the gold rush, a tribute to the Charlie Chaplin film of the same name, with a mini bowler hat of dry ice and popcorn to give you the sense of the cinema. This is the place to visit if you’re after a real treat: old school, art deco glamour with a modern twist.

Know somewhere better? Email us at




annaf@emeraldstreet.com


TOP OF THE DOCS

Have you been listening to BBC Radio 4's **Forever Young** series? If not, let us fill you in. The programmes are 'documentary pop songs' that mix clips of young British adults talking about everything from money to jobs to relationships with a specially commissioned song. This is the second episode in the series and the song is by Kieran Mac Feely, AKA Simple Kid. Enjoy.



Musical
documentary



GOING UNDERGROUND

There's something infinitely more romantic about travelling on another city's metro system. It's probably because we're usually clutching a city guide and not running late for work. So we really like this photography project by **Stan Raucher**, who has travelled the world, snapping commuters. Our favourite shot is this couple on Metro Line A in Paris. Wonder where they're off to.

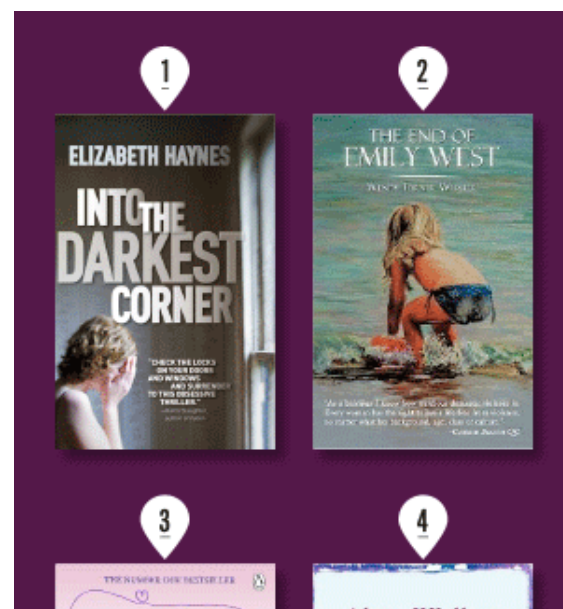


The Reading Room

FOUR HONEST BOOKS ABOUT DOMESTIC VIOLENCE

This Christmas we're supporting **Refuge**, the charity for those affected by domestic violence. Here are four books that tackle the issue.

- 1. *Into The Darkest Corner* by Elizabeth Haynes (Myriad Editions, £7.99)** Haynes was inspired by her work as a police intelligence analyst to write the fictional account of Catherine, who falls for Lee. However, Lee's jealous, controlling nature is soon revealed and the story explores how those experiencing domestic violence often feel they're at fault.
- 2. *The End Of Emily West* by Wendy Turner Webster (Author House, £7.99)** An especially brave book given that the author drew on her own experience of domestic violence during her first marriage. In the novel, Emily's world is torn apart when she meets Darren. Their relationship drags her into a world of violence and



exploitation.

3. *This Charming Man* by Marian Keyes (Penguin, £7.99) Paddy de Courcy is a charismatic Irish politician who has touched the lives of four very different women – Grace the journalist, Lola his girlfriend, Alicia his fiancée and Marnie, Grace’s sister. A novel that’s both light and dark, it’s full of Keyes’ trademark wit and warmth while tackling the issue of domestic violence.

4. *The Color Purple* by Alice Walker (Orion Books, £7.99) Focusing on black women living in Georgia in the Thirties, this absorbing book is told from the viewpoint of Cecile who has been oppressed by men her whole life. The scenes of violence aren’t an easy read. But they’re certainly an important read.



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WIN A HAMPER A DAY

5-20 December

Emerald Street has picked a selection of tailor-made hampers to give away every day in the lead up to Christmas.

STARTS TOMORROW



WANT MORE? A few things to add to **your own Christmas list**

ON TOMORROW'S EMERALD STREET: YOUR WEEKEND IS SERVED.

THE EMERALD STREET PROMISE

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